

FOOD MENU

Lilly
by the sea

— BEACHFRONT DINING & BAKERY —



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Appetizer

Tofu Miso & Quail Egg



Refreshing Summer Salad



Mushroom & Fries



Lumpia Semarang



Loaded Nachos



Appetizer & Salad

Grilled Salmon Wakame Salad  475 kcal | Protein 28g | Fat 34g | Carbs 19g **150**
100g char-grilled salmon with silky wakame, creamy avocado, crisp watercress, turnip pickle, and a sesame-soy dressing.

Grilled Chicken Sesame Salad  330 kcal | Protein 36g | Fat 14g | Carbs 15g **120**
100g tender grilled chicken with baby romaine, watercress, fresh apple, sliced almonds, and a fragrant sesame-soy dressing.

Chicken Mexican Salad 660 kcal | Protein 41g | Fat 32g | Carbs 55g **120**
Crisp iceberg lettuce with 100g grilled creole chicken, guacamole, charred corn, red bean, tomato salsa, corn chips, and zesty cilantro-lime dressing.

Classic Caesar Salad 475 kcal | Protein 40g | Fat 30g | Carbs 10g **120**
100g grilled chicken with baby romaine, boiled egg, and crispy onion, finished with creamy homemade Caesar dressing.

Karedok (Indonesian Raw Salad)     545 kcal | Protein 29g | Fat 32g | Carbs 41g **100**
Sundanese raw vegetable salad tossed in fragrant peanut sauce, with fried tofu, tempeh, and crispy onion crackers.

Gado Gado (Indonesian Cooked Salad)    675 kcal | Protein 40g | Fat 39g | Carbs 45g **90**
Blanched local vegetables and boiled egg with rich peanut sauce, topped with fried tofu, tempeh, crispy shallot, and emping crackers.

Som Tum (Papaya Salad)   265 kcal | Protein 12g | Fat 16g | Carbs 21g **90**
Refreshing Thai green papaya salad in a bright sweet-sour-spicy dressing, finished with roasted peanuts and fresh herbs.

Refreshing Summer Salad    155 kcal | Protein 2g | Fat 4g | Carbs 30g **90**
A cooling salad of cubed watermelon, apple, snakefruit, red paprika, lettuce, and peppery rucola, finished with a refreshing balsamic dressing.

Mix Tomato Salad   240 kcal | Protein 10g | Fat 15g | Carbs 18g **90**
A vibrant mix of heirloom and cherry tomatoes with red onion, rucola, feta cheese, and a balsamic honey dressing.

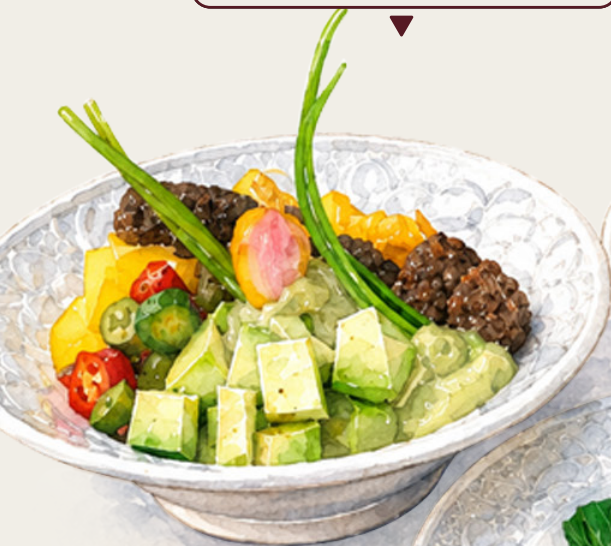
Tofu Miso & Quail Egg    400 kcal | Protein 27g | Fat 25g | Carbs 16g **90**
Pan-fried miso-marinated silken tofu with marinated quail eggs, wakame, edamame, and crisp greens in a light sesame-soy dressing.

Appetizer & Salad

Loaded Nachos 	1710 kcal Protein 77g Fat 101g Carbs 129g	120
Loaded corn chips with 100g creole chicken, refried beans, guacamole, tomato salsa, sour cream, and a blanket of melted cheese. Vegetarian option available.		
Calamari & Fries	1040 kcal Protein 27g Fat 67g Carbs 82g	100
Crispy battered calamari rings with golden homemade fries, creamy tartare sauce, and fresh lime.		
Chicken Nugget & Fries	915 kcal Protein 21g Fat 58g Carbs 80g	100
Crispy homemade chicken breast nuggets with golden fries, creamy tartare sauce, and fresh lime.		
Gyoza Chicken 	570 kcal Protein 46g Fat 24g Carbs 41g	100
Five golden pan-seared chicken gyoza with cabbage, leek, and sesame, served with pickled red cabbage and a rich teriyaki-ginger dipping sauce.		
Gyoza Mushroom  	330 kcal Protein 11g Fat 15g Carbs 40g	90
Five golden pan-seared mushroom gyoza with shiitake, button mushroom, and aromatic vegetables, served with pickled red cabbage and Kikkoman dipping sauce.		
Mushroom & Fries  	870 kcal Protein 9g Fat 64g Carbs 68g	90
Crispy breaded mushrooms with golden fries, creamy tartare sauce, and fresh lime.		
Lumpia Semarang Basah   	270 kcal Protein 10g Fat 3g Carbs 50g	90
Steamed spring rolls filled with bamboo shoot and aromatic spices, served with savoury yam-bean and garlic dipping sauce.		
Lumpia Semarang Goreng  	360 kcal Protein 10g Fat 14g Carbs 50g	90
Crispy fried spring rolls filled with bamboo shoot and aromatic spices, served with savoury yam-bean and garlic dipping sauce.		
Corn Fritters  	325 kcal Protein 8g Fat 16g Carbs 38g	70
Golden, crispy sweet corn fritters with aromatic spices, served with fresh sambal matah on the side.		
Edamame    	120 kcal Protein 12g Fat 5g Carbs 8	70
Warm edamame pods, lightly steamed and finished with a sprinkle of sea salt.		

Mains

Poke Bowl Beef



Beef Brisket Burger



Black Cod with Miso



Nasi Goreng
Kampung Kambing



Grilled Pork Ribs



Modern Asian

Poke Bowl Beef/ Tuna/ Tofu   675 kcal | Protein 35g | Fat 29g | Carbs 66g **200/220/180**

Choice of 100g beef, tuna, or tofu tare with creamy avocado, pickled kyuri, pickled daikon, and steamed Japanese rice, finished with sesame and spring onion.

Beef Rendang with Rice and Vegetables   620 kcal | Protein 38g | Fat 26g | Carbs 52g **180**

150g slow-braised beef in rich coconut cream and Padang spices, served with grilled eggplant and steamed rice.

Black Cod with Miso*   643 kcal | Protein 39g | Fat 47g | Carbs 15g **200**

200g pan-seared miso-glazed black cod with baby pak choy and grilled eggplant.

**Choose 1 free side from our Sides menu. Additional sides incur an extra charge*

Mixed Satay (Chicken, Beef, and Lamb)*  435 kcal | Protein 31g | Fat 32g | Carbs 29g **150**

A smoky trio of chicken, beef, and lamb satay, charcoal-grilled and served with rich peanut sauce and sweet soy sauce.

**Choose 1 free side from our Sides menu. Additional sides incur an extra charge*

Ikan Bakar Pantai Pasut*  650 kcal | Protein 51g | Fat 26g | Carbs 50g **180**

200g Charcoal-grilled local whole fish with steamed rice, blanched water spinach, and Indonesian sambal.

Braised Pork Belly with Rice and Vegetables  1000 kcal | Protein 35g | Fat 64g | Carbs 69g **150**

150g tender slow-cooked pork belly braised in sweet soy and local spices, served with steamed rice and sayur kalasan.

Balinese Crispy Fried Ducks  820 kcal | Protein 45g | Fat 45g | Carbs 54g **150**

Crispy half-portion Balinese fried duck with steamed rice, sayur kalasan, and sambal.

Mie Goreng Singapore  635 kcal | Protein 35g | Fat 24g | Carbs 73g **150**

Singapore-style wok noodles with 100g mix of prawn and squid, vegetables, egg, and fragrant curry seasoning.

Nasi Kuning Nusantara  895 kcal | Protein 51g | Fat 37g | Carbs 82g **150**

A festive turmeric rice platter with beef rendang, shredded balado chicken, balado egg, corn fritter, sweet tofu, dry tempeh, serundeng, and Indonesian sambal uleg.

Nasi Goreng Kampung Kambing  680 kcal | Protein 28g | Fat 33g | Carbs 67g **150**

Fragrant spiced fried rice with tender lamb, wok-tossed vegetables, egg, and herbs.

Nasi Goreng Kampung Ayam   720 kcal | Protein 37g | Fat 33g | Carbs 68g **120**

Classic kampung fried rice with wok-tossed shredded chicken, your choice of egg, vegetables and chicken satay. Vegetarian option with Miso Tofu available.

Mie Goreng Indonesian  735 kcal | Protein 40g | Fat 34g | Carbs 67g **120**

Wok-tossed Indonesian egg noodles with shredded chicken, egg, vegetables, and spices. Vegetarian option with Miso Tofu available.

Your Choice of noodle: Thick Noodle or Classic Noodle

Pepes Tofu OR Fish  671 kcal | Protein 52g | Fat 25g | Carbs 55g **180**

200g banana leaf-grilled tofu or fish with aromatic spice paste, locally grown vegetables, steamed rice, and sambal matah.

Main Course

Grilled Pork Ribs 1,200 kcal | Protein 75g | Fat 80g | Carbs 52g 280

Full rack of slow-cooked smoky pork ribs (500g) glazed with BBQ sauce, served with roasted vegetables.

**Choose 1 free side from our Sides menu. Additional sides incur an extra charge*

Beef Adobo (Beef Brisket) 🍷 677 kcal | Protein 65g | Fat 37g | Carbs 22g 220

200g tender braised beef brisket in smoky adobo sauce with charred corn, spinach, and edamame.

**Choose 1 free side from our Sides menu. Additional sides incur an extra charge*

Salmon Steak 🍷 716 kcal | Protein 51g | Fat 49g | Carbs 14g 200

200g pan-seared salmon fillet with lemon butter, served with roasted vegetables and creamy pesto sauce.

**Choose 1 free side from our Sides menu. Additional sides incur an extra charge*

Tuna Steak 🍷 638 kcal | Protein 63g | Fat 34g | Carbs 14g 200

200g pan-seared yellowfin tuna steak with sesame crust, served with roasted vegetables, and salsa verde sauce.

**Choose 1 free side from our Sides menu. Additional sides incur an extra charge*

Black Cod Steak 🍷 660 kcal | Protein 38g | Fat 54g | Carbs 3g 200

200g grilled marinated Black Cod fish with lemon zest and rosemary, served with asparagus.

**Choose 1 free side from our Sides menu. Additional sides incur an extra charge*

Vegan Steak 🌱🍷🍷 520 kcal | Protein 38g | Fat 29g | Carbs 31g 180

200g roasted fermented black bean silken tofu log served with vegetable curry.

**Choose 1 free side from our Sides menu. Additional sides incur an extra charge*

Fish & Chips 930 kcal | Protein 29g | Fat 60g | Carbs 66g 180

200g beer-battered dory fillets fried golden, served with golden homemade fries, creamy remoulade sauce, and a wedge of lemon.

Chicken Teriyaki 🍷 510 kcal | Protein 55g | Fat 23g | Carbs 17g 180

200g tender chicken thigh glazed with house teriyaki sauce, served with pickled red cabbage, asparagus, and sesame seeds.

**Choose 1 free side from our Sides menu. Additional sides incur an extra charge*

Western Style Grilled Chicken Breast 545 kcal | Protein 64g | Fat 20g | Carbs 24g 180

200g creole-marinated grilled chicken breast with roasted vegetables and smoky BBQ sauce.

**Choose 1 free side from our Sides menu. Additional sides incur an extra charge*

Asian Style Grilled Chicken Thigh 🍷 555 kcal | Protein 51g | Fat 31g | Carbs 22g 180

200g lemongrass and garlic marinated grilled chicken thigh with kimchi, baby bok choy, and a Vietnamese-style dipping sauce.

**Choose 1 free side from our Sides menu. Additional sides incur an extra charge*

Pizza

Seafood Pizza 990 kcal | Protein 64g | Fat 32g | Carbs 114g **150**

Sourdough-based pizza topped with 150g mixed seafood (squid, fish, prawn), tomato base, and melted mozzarella with Italian herbs.

Hawaiian Pork Pizza 1,350 kcal | Protein 63g | Fat 71g | Carbs 118g **150**

Sourdough-based pizza with 150g sliced pork belly, sweet pineapple, roasted capsicum, and melted mozzarella.

Margherita Pizza  1,005 kcal | Protein 41g | Fat 45g | Carbs 112g **120**

Sourdough-based pizza with tomato base, melted mozzarella, roasted garlic, and fresh Italian basil.

Mushroom Zest Pizza   1,360 kcal | Protein 44g | Fat 84g | Carbs 112g **120**

Sourdough-based pizza with garlic toum base, mozzarella, sautéed mushrooms, lemon zest, fresh thyme and thyme oil.

Fresh Pasta

Bolognese 640 kcal | Protein 30g | Fat 26g | Carbs 69g **150**

Homemade pasta with 100g slow-cooked beef ragout, ripe tomatoes, aromatic herbs, and grated parmesan.

Napolitana 610 kcal | Protein 43g | Fat 16g | Carbs 74g **150**

Homemade pasta with 150g mixed seafood in a bright spicy tomato sauce, garlic, and Italian herbs. Vegetarian option available.

Garlic Prawns Aglio e Olio 603 kcal | Protein 34g | Fat 25g | Carbs 58g **150**

Homemade pasta with 100g garlic prawns, red chili, sun-blushed tomatoes, olive oil, and crispy Italian basil. Vegetarian option available.

Crema e Funghi  870 kcal | Protein 41g | Fat 42g | Carbs 79g **120**

Homemade pasta in creamy mushroom sauce with parmesan and crispy Italian basil. 60g pan-seared chicken add-on available.

Burger & Sandwiches

**Served with your choice of one side from our Sides menu*

Beef Brisket Burger* 840 kcal | Protein 52g | Fat 47g | Carbs 55g 150

150g slow-cooked beef brisket with smoky adobo sauce, lettuce, and pickled red cabbage in a soft milky bun.

Korean Chicken Burger* 1,000 kcal | Protein 44g | Fat 59g | Carbs 74g 120

150g crispy gochujang chicken in a soft milky bun with kimchi, garlic aioli, gochujang sauce, lettuce, and red onion.

Club Sandwich* 1,028 kcal | Protein 68g | Fat 54g | Carbs 62g 120

Triple-decker toasted sandwich with 120g grilled chicken breast, crispy bacon, fried egg, melted cheddar, lettuce, tomato, and tangy mustard mayo.

Cheese & Tomato Toastie* 980 kcal | Protein 27g | Fat 51g | Carbs 103g 120

Golden grilled toastie with melted cheddar and mozzarella, ripe tomato, and a hint of fresh basil.

Yogi Burger* 895 kcal | Protein 30g | Fat 43g | Carbs 98g 100

150g ancient grain patty in a soft milky bun with fried tempeh, mushroom, onion rings, tomato salsa, salsa verde olive, rucola, and pickled red radish.

Maki/Sushi

Salmon Maki 780 kcal | Protein 45g | Fat 35g | Carbs 69g 150

Salmon maki roll with seasoned sushi rice and nori, served with wasabi, pickled ginger, and soy sauce.

Tuna Maki 725 kcal | Protein 54g | Fat 25g | Carbs 69g 120

150g Tuna maki roll with seasoned sushi rice and nori, served with wasabi, pickled ginger, and soy sauce.

Kapa Maki 525 kcal | Protein 9g | Fat 27g | Carbs 64g 100

Kappa maki — light cucumber rolls with seasoned sushi rice and nori, served with wasabi, pickled ginger, and soy sauce.

California Roll 510 kcal | Protein 19g | Fat 10g | Carbs 87g 100

California roll with crab stick, avocado, cucumber, and sesame, served with wasabi, pickled ginger, and soy sauce.

Sides

Grilled Corn - Cheese  260 kcal | Protein 9g | Fat 18g | Carbs 22g **40**

Charcoal-grilled sweet corn off the cob, finished with butter and cheese.

Grilled Corn - Chili  260 kcal | Protein 9g | Fat 18g | Carbs 22g **40**

Charcoal-grilled sweet corn off the cob finished with chili butter and a sprinkle of sea salt.

Homemade French Fries     320 kcal | Protein 4g | Fat 16g | Carbs 41g **40**

Hand-cut homemade French fries fried golden and crisp.

Homemade Sweet Potato Stick     290 kcal | Protein 3g | Fat 14g | Carbs 42g **40**

Hand-cut homemade sweet potato sticks fried golden.

Roast Baby Potato     230 kcal | Protein 3g | Fat 14g | Carbs 25g **40**

Roasted baby potatoes, finished with fresh herbs.

Stir-fry Vegetables   175 kcal | Protein 3g | Fat 16g | Carbs 8g **40**

Wok-tossed seasonal garden vegetables with garlic, ginger, and a splash of soy sauce.

Garden Salad   167 kcal | Protein 3g | Fat 11g | Carbs 17g **40**

A crisp mix of fresh lettuce, tomato, cucumber, carrot and sweet corn, finished with a creamy thousand island dressing

Steamed Rice **20**

Your choice of White or Yellow Rice

Dessert

Tiramisu in Jar



The French Toast
with Ice Cream

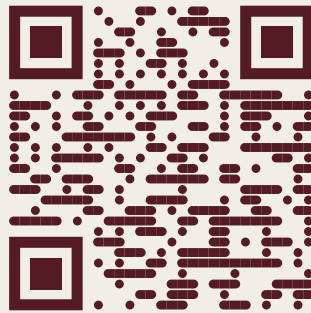
Dessert

The French Toast  	630 kcal Protein 18g Fat 33g Carbs 70g	100
Thick-cut pan-fried Japanese milk bread dusted with sugar, served with ice cream, peanut caramel, almond, fresh strawberry, and your choice of apple or berry compote.		
Warm Goopy Brownies 	510 kcal Protein 7g Fat 27g Carbs 63g	80
Warm goopy chocolate brownie with vanilla ice cream and a dusting of cacao powder.		
Tiramisu in Jar  	620 kcal Protein 9g Fat 46g Carbs 43g	80
Classic tiramisu layered in a jar with coffee-soaked savoiardi, mascarpone cream, and a dusting of cocoa powder.		
Original Cheese Cake 	545 kcal Protein 9g Fat 43g Carbs 34g	80
Classic Basque burned cheesecake on a buttery biscuit base, finished with seasonal berry compote.		
Skinny Cheese Cake 	215 kcal Protein 11g Fat 5g Carbs 30g	70
Lighter baked cheesecake with cottage cheese, reduced sugar, on an oat-almond crust, finished with seasonal berry compote.		
Scoop of Ice Cream 	200 kcal Protein 3g Fat 10g Carbs 24g	50
A single scoop of premium ice cream, your choice of flavour.		
Pisang Goreng 	500 kcal Protein 7g Fat 15g Carbs 88g	50
Crispy Bali banana fritters drizzled with palm sugar syrup. Optional vanilla ice cream.		
Es Campur 	470 kcal Protein 9g Fat 16g Carbs 82g	50
Refreshing iced dessert bowl with mixed tropical fruits, coconut milk, tapioca pearls, grass jelly, sweet syrup, and condensed milk.		
Es Cendol Daluman 	360 kcal Protein 6g Fat 20g Carbs 47g	50
Traditional Balinese iced dessert drink with green grass jelly (daluman), creamy coconut milk, and palm sugar syrup.		
Dadar Gulung 	575 kcal Protein 11g Fat 20g Carbs 85g	50
Pandan rice flour crepes filled with caramelised coconut and palm sugar. Pandan rice flour crepes filled with caramelised coconut and palm sugar.		
Fruit Platter		50



Every dish on this menu has been thoughtfully composed
each ingredient chosen with care, each plate balanced in
nourishment as much as in flavour.

We invite you to savour this moment, by the sea, in the
company of good food and open skies.



Should you wish to share yours, we would be honoured
to receive your review on Google.

With Love,
Lilly by The Sea Restaurant



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